



Homebound Ministry Training



Parish Pastoral Visitor Training is 4 hours and includes:

- An overview of theology of ministry and healing
- Skills for having a pastoral conversation with someone who is sick and/or homebound
- An overview of theology of Eucharist
- Practical training on how to bring Holy Communion to someone at home
- How to pray with someone if they are receiving Communion and if they are not
- How to refer someone with needs that a Pastoral Visitor is not equipped to handle

NOTE: Pastoral Visitors may only bring Communion to persons that are homebound if they have been commissioned by the pastor as an Extraordinary Minister of Holy Communion (EMHC). The Office of Worship offers a separate EMHC training contact Jeanne Marie Miles jmiles@cathdal.org 214.379.2872 for details.

Parish Coordinator of Homebound Ministry training is 3 hours and includes: (we encourage coordinators to attend the Pastoral Visitor training as well)

- Understanding your role as servant leader to people in need of healing
- How to nurture and care for pastoral visitors
- Planning a parish homebound ministry
- How to connect with hospitals and long-term care homes in your parish
- Networking with other coordinators of homebound ministry

Contact Kevin Prevou, Associate Director of Human Dignity and Respect for Life, to schedule the training in your deanery or parish at, kprevou@cathdal.org or 214.379.2848. There is no cost from the Diocese for the training, though it is recommended that the parish purchase the following books for pastoral visitors and coordinators of homebound ministry: **Handbook for Ministers of Care 3rd Edition**, LTP, 2021 and **Communion of the Sick, Bilingual Edition**, 2013, Catholic Book Publishing.

Homebound Ministry Training is now available from the Diocese of Dallas



The weekly televised Mass, started as a response to the Covid-19 pandemic, has been a great blessing to so many members of our diocesan family. Many Catholics have returned to Mass in person but some members of the faithful are homebound periodically or perhaps completely limited in their participation in the life of their home parish.

Bishop Burns will be announcing, through the televised Mass in November 2022, an initiative to reach out to persons who are homebound. Training for **Parish Coordinators of Homebound Ministry** (a staff or parishioner that oversees and coordinates all pastoral visits) and for **Parish Pastoral Visitors** (*lay parishioners who visit persons who are sick and/or homebound*) are available now!

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Our Commitment:

These training sessions will be grounded in how adults learn best using adult learning principles:

1. **The learning is self-directed** (adults know how they learn best and how to go about learning).
2. **The learning is experiential and utilizes background knowledge** (use the rich experience of the adults and find ways to tap into the wisdom of the group).
3. **The learning is relevant to current roles** (navigating marriage, parenthood, career positions, retirement, and other complex roles - adults have little use for material that is not relevant to the roles they already occupy).
4. **The instruction is problem-centered** (Andragogy or adult learning, is about spending more time doing than learning and the quality of instruction is much more important than topic coverage).
5. **The students are motivated to learn** ("When the student is ready, the teacher appears" is a Buddhist proverb. Biological motivation refers to the most primitive type of motivation that helps us to stay alive such as thirst, hunger. Additionally, adults can sometimes be motivated to learn through rewards and punishments (external motivation), though you have to have exactly the right reward and punishment. There is a third kind of motivation that recognizes adults internal drive for *autonomy, mastery, and purpose* (Daniel Pink, Drive, 2009, riverhead Books). Self-direction is the 21st century motivation upgrade.

